

# Curriculum Vita

## Personal Information

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**Title:**Miss

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## Current position

PhD Health Education & Promotion, Academic member of Zahedan University of Medical Sciences.

## Educational Background

Ph. D. Health Education & Promotion, School of Public Health, Tehran University of medical sciences.(TUMS)

M.Sc, .Health Education & Promotion, School of Public Health, ZahedanUniversity of medical sciences.(ZAUMS)

B.Sc, Nursing, Zahedan University of Medical Sciences,Zahedan.(ZAUMS)

## Professional Experience

2021The best process of Shahid Mote festival

2021The university's top research committee

2020The university's top research committee

2019 The best educational professor

2018 Head of the Student Research and Technology Committee of the Faculty of Health

2018Cooperating with the faculty of health education and health promotion in designing tests for PhD exam

2017Educational supervisor in Imam Ali Hospital, zahedan

2016Examiner of Iranian journal of the elderly nursing, Ilam University of medical sciences since

- 2017 Examiner of electronic physician journal indexed in PubMed Central,
- 2017 Examiner of Iranian journal of health sciences in Mazandaran University of medical sciences since
- 2017 participating in the third international Congress on health Education, Isfahan University of medical sciences
- 2017 participating in seminar on "stable development of health", Tehran University of medical sciences
- 2017 Participating in the seventh Congress on health education and health promotion, Tehran University of medical sciences
- 2016 participating in a Congress on heart failure, ShahidBeheshti University of medical sciences
- 2016 participating in " Mother and Child health" seminar, Birjand University of medical sciences
- 2016 participating in the first seminar on "stable development of the health", Tehran University of medical sciences
- 2014 participating in a conference on Measles diseases, Tehran University of medical sciences.
- 2014 Participating in a conference on ageing and it's problems,, 2014, Tehran University of medical sciences
- 2014 participating in the Congress on heart failure, ShahidBeheshti University of medical sciences
- 2012 participating in the 18th Congress on international and tropical diseases in Iran, ShahidBeheshti University of medical sciences
- 2011 participating in the international Congress on Iran heart surgeons, Association of Iran heart surgeons
- 2011 participating in a seminar on angioplasty symposium, acute heart stroke, Tehran University of medical sciences
- 2011 participating in the national Congress of ICU nursing, Iran University of medical sciences

### **Workshops**

Instructor of “**living skills**” workshop in teaching and education center, Zahedan, Iran

Instructor of “**How to make a successful club Journal?** ” workshop in teaching and education center, Zahedan, Iran

Instructor of “ **Questionnaire design** ” workshop in teaching and education center, Zahedan, Iran

Participating in “**new methods of teaching**” workshop in Zahedan University of medical sciences,

Participating in “**structural formula modeling**” workshop in Shahidbehesti University of medical sciences,

Participating in “**qualitative studies in health sciences**” workshop in Tehran University of medical sciences

Participating in “**How to review a paper**” workshop in Tehran University of medical sciences

Participating in “**Scientific Writing (1-2)**” workshop in Tehran University of medical sciences

Participating in 3 different workshops on “**searching the electronic resources**” in Tehran University of medical sciences

Participating in “**essay writing**” workshop in Tehran University of medical sciences

Participating in “**how to publish an essay?**” workshop in Tehran University of medical sciences

Participating in “**systematic review**” workshop in Tehran University of medical sciences

Participating in “**end note**” workshop in Tehran University of medical sciences

Participating in “**using AMOS software**” workshop in Tehran University of medical sciences

Participating in “**using LISREL software in research**” workshop in Tehran University of medical sciences

Participating in “**educational strategy and teaching methods**” workshop in Tehran University of medical sciences

Participating in “**choosing reliable journals for publishing a paper**” workshop in Tehran University of medical sciences

Participating in “**SPSS**” workshop in Tehran University of medical sciences

Participating in “**changing scientific content to educational content**” workshop in Shahidbehesti University of medical sciences

Participating in “**taking care of the new and modern diseases**” workshop in Zahedan University of medical sciences

Participating in “**mechanical ventilation**” workshop in Zahedan University of medical sciences

Participating in “**breast cancer**” workshop in Zahedan University of medical sciences

Participating in “**fighting against Flu**” workshop in Zahedan University of medical sciences

Participating in “**making instruments in health education and health promotion**” workshop in Tehran University of medical sciences

Participating in “**search and analysis in SCOPUS journals**” workshop in Tehran University of medical sciences

Participating in “**managing the scientific resources by Mendeley software**” workshop in Tehran University of medical sciences

Participating in “**teaching Embase information bank**” workshop in Tehran University of medical sciences

Participating in “**Third Generation University** ” workshop in Zahedan University of medical sciences

Participating in “ **strategic planning** ” workshop in Zahedan University of medical sciences

Participating in “ **Creativity in teaching** ” workshop in Zahedan University of medical science

## **Workshops EDC**

Effective e-learning design

Introductory teaching method

Scholarship

Evaluation and test design

Commitment and professional ethics

strategic planning

Third generation university

Electronic content production tools and techniques

Designing clinical reasoning tests

Test analysis

### **Scientific writing**

Familiarity with educational rules and regulations

Promotional chair of educational research

The importance of educational research and the concept and writing of research projects

Dos and don'ts of development projects and research projects in education

New teaching methods

Creativity in teaching

Upgrading the evaluation system and tests

Counseling and communication skills

### **Membership of Professional**

Director of Public Health Department 2022

Inspector of Health Education and Health Promotion Association of the country 2022

Secretary of the Comprehensive Education Quality Management Package, EDC in Zahedan University of medical sciences 2019

Member of the committee the Upgrade test, EDC in Zahedan University of medical sciences, 2018

Membership of research centre of health promotion in Zahedan, 2018-2022

Membership of health education and health promotion Association in Iran since 2012-2022

### **Peer-Review Journals**

2016 Examiner of Iranian journal of the **elderly nursing**, Ilam University of medical sciences since

2017 Examiner of **electronic physician journal** indexed in PubMed Central,

2017 Examiner of **Iranian journal of health sciences** in Mazandaran University of medical sciences since

Examiner of journal **Health scope** in Zahedan University of medical sciences (ZAUMS) 2018-2022

## International Publications

1. Abbas Rezaianzadeh, Seyedeh Leila DehghaniSoheilHassanipour, Azgomi; Ahmad Maghsoudi; Ali Mohammad Mokhtari; MasumehMousavi,,ZaherKhazaei;**MaryamSeraj**. The Prevalence of Depression in Breast Cancer patients: A Systematic Review and Meta-Analysis in Iran. journal Health Scope .( Final Review awaiting acceptance)
2. **Maryamseraji**,DavoudShojaeizadeh, FatemehRakhshan.Well-being in Hemodialysis Patients. Iran J Public Health, Aug 2018, 47(.8), pp.1222-1223.
3. **Maryam Seraji**,FatemehRakhshani,Royasadeghi , DavoudShojaeiZadeh . Investigating the effects of educational intervention on Self- Care Behavior and the constructs or Perceived benefits and Perceivd barriers in hemodialysis patients ,Iran ,Zahedan , 2016. Annals of Tropical Medicine and Public Health. September –october2018.volume11,(5).
4. **Maryam Seraji**,DavoudShojaeizadeh , FaridehGoldoost.Quality of Life of the Elderly Residing in Zahedan (South East of Iran).Iranian Rehabilitation Journal .September 2017, 15( 3).
5. **Maryam Seraji**,PeymanTabatabaie, FatemehRakhshani , MahnazShahrakipour. The Effect of Educating Self-Care Behaviors to Patients With Heart Failure in Hospitals of Zahedan. Health Scope. 2013 Summer; 2(1):104-9.
7. Sara Moghimi , Abolfazl Payandeh , Soheila Ranjbaran , Maryam seraji\* , Effects of Educational Interventions on Dietary Adherence among Type 2 Diabetics in Zahedan: Using the Health Action Process Approach. Ethiop J Health Sci. 2023, Vol. 33, No. 4
8. Rezaee, N, Mardani-Hamooleh, M, Seraji, M. Nurses' perception of ethical challenges in caring for patients with covid-19: A qualitative analysis. Journal of Medical Ethics and History of Medicine,2020, 13,23, pp. 1-13
9. Ansari-Moghaddam, A, Seraji, M, Sharafi, Z, Mohammadi, M, Okati-Aliabad, H. The protection motivation theory for predict intention of COVID-19 vaccination in Iran: a structural equation modeling approach. BMC Public Health,2021, 21(1),1165
10. M Fattahiyan, M Seraji, H Okati-Aliabad. Facilitators and Barriers of Elementary School Reopening during the Covid-19 Pandemic: A Qualitative Study. International Journal of Pediatrics .2023, 11 (6)
11. Fatemeh Govahi Kakhki<sup>1</sup>, Fatemeh Pakdaman<sup>2</sup>, Nasimeh Khaleghi<sup>2</sup>, Maryam Seraji<sup>3</sup>. Health Literacy, General Health, and Lifestyle among Infertile Men and Women in the Southeastern Iran. Ethiop J Health Sci. Vol.2023 33, No. 5

12. Fattahiyan, M., Okati-Aliabad, H., Seraji, M. Psychopathology in virtual education for primary school students in the COVID-19 pandemic: A qualitative analysis.2022. *Journal of Education and Health Promotion*, 11(1), pp. 289
13. Sanavi, FS; Mohammadi, M;seraji M; Okati-Aliabad, H. The Effect of Health Promotion Educational Interventions on Self-care Behaviors of Nutrition and Physical Activity Among Universities Staff in Southeastern Iran .2021. *HEALTH SCOPE*, 11/(1)
14. Seraji, M and NejadSadeghi, E. Validation of a social-cognitive theory-based tool for measuring factors influencing obesity prevention behaviors in 4-6 years old children using confirmatory factor analysis (CFA).2022. *INTERNATIONAL JOURNAL OF PEDIATRICS*,5 (1)
15. Poudineh, K; Ansari, H;Zareban I ;Seraji M, Masoudy, G . The effectiveness of structured education based on perced on adherence of self-care behaviors in hemodialysis patients .2020. *Medical Science*,12(1) 4073-4079
16. Sohrabivafa, M; Goodarzi, E;Momenabadi V;Seraji M ,Naemi H, NejadSadeghi E, Khazaei, Z. Epidemiological Prevalence of Pediculosis and its Influencing Factors in Iranian Schools: Systematic Review and Meta-analysis.2020. *Journal of Clinical and Diagnostic Research*,2(1)
17. Victoria Momenabadi, Maryam Safarnavadeh, Fatemeh Nazari Robati, Seyed Masoud Mousavi, Elham NejadSadeghi,gholamreza masuody, Leila moayed , Maryam seraji. Knowledge and Attitude of Iranian Youth Toward AIDS: A Systematic Review and Meta-Analysis in Iran. *Journal of medicine and life*,2020 13(2):119-124
18. Maryam Zahmatkeshan, Somayyeh Zakerabasali, Mojtaba Farjam, Yousef Gholampour, Maryam Seraji, Azita yazdani. The use of mobile health interventions for gestational diabetes mellitus: a descriptive literature review.2021, *Journal of medicine and life*, 14(2):131-141
19. Mohsen Maleki , Abolfazl Payandeh ,Maryam Seraji , Mahshid Taherkhani, Ahmad Bolouri. Nutritional Knowledge ,Family icome ,and blood sugar level among diabetic patients. *International Journal of Public Health Science* ,2023,12(3)1064-1069
20. : fatemeh Govahi kakhki, arefeh mangeli zaroee, mahnaz khosravi, Maryam Seraji\*. Relationship between parental nutrition style with quality of life in obese and underweight boys and girls in Zahedan city. *Journal International Journal of Pediatrics* 2023
21. Keikha, F., Ansari, H., Khosravi, M., Seraji, M. The effect of educational intervention on health literacy and nutritional performance of female high

school students in Zahedan .

**Journal of Health Literacy,2021, 6(1), pp. 41-50**

**22. Rezaee, N., Seraji, M. Relationship Between Health Literacy and Self-Care in Heart Failure Patients. Journal of Health Literacy,2019, 4(1), pp. 18-24**

**23. Golshan, M., Golshan, M., Ansari, H., Khosravi, M., Seraji, M. Health Literacy, Antenatal Care Adequacy Indicator, and Delivery Outcomes in Pregnant Women in Zahedan, Iran .2021, Journal of Education and Community Health, 8(4), pp. 253-257**

**24. : Vahideh Zenoozadeh ,Abolfazl payandeh,Maryam Seraji . the Effect of Educational Intervention Based on Pender's Health Promotion Model on Self-Care Behaviors the Pations with cororectal Cancer Undergoing Chemotherapy. Journal of Clinical and Diagnostic Research.2023**

### **National Publications**

1. **MaryamSeraji**, FatemehRakhshani.Effect of education on practice and knowledge rate of hospitalized heart failure patients regarding their self-care behaviors and methods.Journal of Research & Health. Jan & Feb 2018.8(1); Pages: 61- 67
2. **Maryam Seraji** ,FatemehRakhshani. On the consideration of self-care behaviors in patients affected by congestive heart failure and factors related to it .Iranian Journal of Health Sciences 2017; 5(2): 25-31.
3. IrajZareban,**MaryamSeraji**, FatemehRakhshani , DavoudShojaeizadeh.Well-being of Hemodialysis Patients Referred to the Hospitals of Zahedan, Southeast of Iran.Journal of Clinical and Basic Research (JCBR)2017; 1(3): 36-42.
4. IrajZareban ,**Maryam Seraji** , FatemehRakhshani , DavoudShojaeizadeh .The "well- being" of Hemodialysis patients referred to the hospitals of Zahedan University of Medical Sciences (South-East of Iran).jcb 2017, 1(3): 36-42
5. **Maryam Seraji**, DavoodShojaeezadeh ,RoyaSadeghi.The quality of life in hemodialysis patients referring to hospitals of Zahedan University of Medical Sciences, Iran.Journal of Pharmacoeconomics and Pharmaceutical Management 2016; 2(3-4): 50-4.
6. **Maryam Seraji**,DavoudShojaeizadeh , FatemehRakhshani, RoyaSadeghi.Spiritual Well-being of the Elderly Residing in Zahedan City (South-East of Iran).Health Education and Health Promotion (HEHP) .2016; 4 (3).

7. **Maryam Seraji**, DavoudShojaezade , FatemeRakhshani. The Relationship between Spiritual Well-Being and Quality of Life among the Elderly People Residing in Zahedan City (South-East of Iran). *Elderly Health Journal* 2016; 2(2): 84-88.
8. **Maryam Seraji**, FatamehRakhshani. Evaluation of the Effect of Educating Self Care Behavior of Heart failure Patients on Economy of Health. *Journal of Medical Research and Health Sciences*, 2016;5( 8), 2016, pp. 279-284.
9. **Maryam Seraji**, DavoudShojaezadeh , RoyaSadeghi. On the consideration of Well-being and quality of life in hemodialysis patients. *Journal of Pharmacoconomics and Pharmaceutical Management*. 2017.3(1):1-4
10. **Maryam Seraji**. Nasrin Rezaee. Relationship between health literacy and lifestyle in patients with heart failure. *journal of health literacy*. Volume3, Issue3, 2018.
11. **Nasrin Rezaei - Maryam Saraji, Perceived self-care support in hemodialysis patients: a qualitative study. Quarterly Journal of Health Education and Health Promotion 2020 ./ Volume 8 / Nu**

### **Additional Publications / Book**

“the healthy life style and health promotion”. **Maryam Seraji**, DavoudShojaezadeh, GholamrezaMasoudi. Simin publication. 2016.

"Sociology of health" **Maryam Seraji** , Soheila Ranjbaran. . 2023

### **International Conference/Congress/Seminar Presentations**

**maryamseraji** ,fatemehrakhshani . the effects of education on self care Behaviors in Heart Failure patients Hospitalized in Zahedan Hospitals in 2012. 21<sup>st</sup> IUHPE international Conference on Heart Promotion .30 April 2013( **Poster**)

**Maryam Seraji**, FatemehRakhshani Social factors affecting on self-care behaviours in heart failure patients hospitalized in Zahedan hospitals, 2016, the 5th international Congress on heart failure, ShahidBeheshti University of medical sciences. (**lecture**)

Sara Moghimi - **Maryam Saraji** - Zahra Arab Barzo Investigating the factors related to the acceptance of covid 19 vaccination based on the health belief model among pregnant and lactating women referring to Zahedan health center. International Congress of Global Experiences of Covid-19. 2023 (**lecture**)

## **National Conference/Congress/Seminar Presentations**

**Maryam Seraji**, FatemehRakhshani ,MahnazShahrakipour, PeymanTabatabaie. Considering the educational intervention on the Promotion of self-care behaviours in heart failure patients hospitalized in Zahedan hospitals, 2012, national seminar of education. **(lecture)**

**Maryam Seraji**, FatemehRakhshani ,IrajZarban. Considering the viewpoints of heart failure patients on self-care behaviours, a qualitative study, 2011, national seminar of care and health, Gilan University of medical sciences **(poster)**

**Maryam Seraji**, NasrinRezaee. Perceived health care behaviour in hemodialysis patients, a qualitative study, the third Congress on health education and health promotion, Esfahan University of medical sciences, 2017 **(poster)**.

**Maryam Seraji**, FatemehRakhshani ,DavoodShojaezadeh, RoyaSadeghi. The sense of well-being and quality of life in hemodialysis patients referring to Zahedan hospitals. The 10th Seminar on the Innovations in health sciences, 2017, shahidbeheshti University of medical sciences **(poster)**

**Maryam Seraji**. The 5th national Congress and second festival on patients self Care and education, Tehran University of medical sciences, 2017, **(poster)**

**Maryam Seraji**, FatemehRakhshani ,Mahnazshahrakipour. Awareness of self-care behaviours in heart failure patients hospitalized in Zahedan hospitals, national Congress on Educating the patients, 2013, Tehran University of medical sciences **(poster)**

**Maryam Seraji**, FatemehRakhshani ,DavoodShojaezadeh, RoyaSadeghi. Considering their educational intervention on self-care behaviours and Perceived benefits and obstacles in hemodialysis patients in Zahedan hospitals. the third Congress on health education and health promotion, 2017, Esfahan University of medical sciences **(poster)**

**Maryam Seraji**, FatemehRakhshani ,DavoodShojaezadeh, RoyaSadeghi. Considering the wellbeing of the elderly in Zahedan. thethe third Congress on health education and health promotion 2017, Esfahan University of medical sciences **(poster)**

**Maryam Seraji**, FatemehRakhshani ,DavoodShojaezadeh, RoyaSadeghi. Considering the sense of well-being in hemodialysis patients in Zahedan.the

third Congress on health education and health promotion 2017,  
Esfahan University of medical sciences (**poster**)

**Maryam Seraji**, FatemehRakhshani ,DavoodShojaezadeh, RoyaSadeghi. Spiritual well-being and quality of life of the elderly in Zahedan, the 10th seminar of Innovations in health sciences 2017, ShahidBeheshti University of medical sciences (**poster**)

**Maryam Seraji**, DavoudShojaezadeh. Considering the quality of life of the elderly in Zahedan, the first national Conference on social health, Gilan University of medical Sciences, 2017 (**poster**)

**Maryam Seraji** , nasein Rezaee. Health literacy and lifestyle of patients with heart failure. 9th Congress on Health Education and Health Promotion at Mashhad University of Medical Sciences 2018(**poster**)

**Maryam Seraji** , nasein Rezaee .Self-care barriers in hemodialysis patients: qualitative study. 9th Congress on Health Education and Health Promotion at Mashhad University of Medical Sciences2018(**poster**)

Manour Fatahian - Hassan Okati Aliabadi - **Maryam Saraji** \*. Psychological trauma in virtual education for primary school students in the covid-19 pandemic: a qualitative analysis . International Congress of Global Experiences of Covid-19.2023(**poster**)

Sara Moghimi - **Maryam Saraji**\* - Zahra Arab Barzo. The effect of self-efficacy construct on acceptance of covid-19 vaccination in pregnant and lactating women . The first research congress of students of medical sciences universities in the country2023(**poster**)

Fateme Toshteh - Fateme Pakdaman - Nasimeh Khaleghi - **Maryam Saraji**. General health and lifestyle in infertile men and women in Zahedan. The first research congress of students of medical sciences universities in the country.2023(**poster**)

Sara Moghimi - **Maryam Saraji** \* Health literacy and general health in postmenopausal women referring to Zahedan city health center. The 23rd Annual National Congress and the 9th International Research Congress of Medical Sciences Students of Ardabil .2021(**poster**)

Mehdieh Golshan - Hossein Ansari - Mohdاده Golshan - Farnaz Kikha - **Maryam Saraji** \*. The effect of educational intervention on health literacy and nutritional performance of secondary school girls in Zahedan city. The 13th conference of new health sciences of Shahid Beheshti University.2020(**poster**)

Mahdia Golshan - Hossein Ansari - Mohdtse Golshan - Farnaz Kikha - **Maryam Saraji \***. Health literacy, indicators of pregnancy adequacy on the rate of birth outcomes in pregnant women in Zahedan city . The 13th conference of new health sciences of Shahid Beheshti University2020(**poster**)

### **Theses Supervision/ Consultancy**

Considering the effects of educational interventions on health knowledge and nourishment function in female high school students, Zahedan, Iran, 2018

### **Selected Awards and Honors**

1. Getting the **third rank** in PhD entrance exam, 2013
2. Getting the **first rank** among PhD candidates in 2013
3. Getting the **first rank** among MA candidates in 2011
4. Membership of **brilliant talents** in ROSHD center, Tehran University of medical sciences
5. Membership of **brilliant talents** in ROSHD center, Zahedan University of medical sciences
6. Chosen as the **best lecturer** in the national seminar for "Educating the patients" in Tehran University of medical sciences, 2013
7. Chosen as the **best the movie** in the 10th Conference of Health Scientists of ShaheedBeheshti University of Medical Sciences in2017
8. 1The best process of Shahid Mote festival .2021
9. The university's top research committee.2021
10. The university's top research committee.2020
11. The best educational professor2019

### **Professional Training**

2013	ICU course in Zahedan University of medical sciences since
2017	Public health course in Zahedan University of medical sciences, since
2017	"Health, prevention, and consultation in speech treatment" course in Zahedan University of medical sciences, since

- 2017 " Mother and Child health" course in Zahedan University of medical sciences, since
- 2017 "pregnancy health" coucoursese in Zahedan University of medical sciences, since
- 2017 " training in public health" course in Zahedan University of medical sciences, since

### **Research Interests**

Mixmed Mehtods Research (MMR)

Qualitative studies

Chronic and non-communicable diseases

Diseases of the elderly